



Student Review

KS4 Options



Name: _____

Form: _____

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5	Art	Read carefully through each section and tick the box that applies to you. Add up your total score and transfer it to the final review page	
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17	Final Review	Complete grid and discuss with your Parents or Carers and ask them to comment	

Introduction

The purpose of the Student Skills Review is to enable you to evaluate the skills that you as a student and individual will need in order to be successful in your chosen options.

To make the most out of this booklet you need to be honest about the skills that you already have and the ones that you are willing to work on. You should also spend time discussing this with your parents/carers and peers to give you a realistic reflection of your skill set.

How to use this booklet:

- 1) Use your report to evaluate how you are progressing in each subject by giving yourself a WWW and EBI.
- 2) Each subject has an individual page which outlines the skills required. Read through each statement carefully and tick the statement that you agree with the most.
- 3) Summarise the information in the final table to help you narrow down your option choices.
- 4) When you get home, go through the booklet with your parents/carers. They can also complete the parent section with comments or questions to help you.
- 5) Bring this booklet with you to help you discuss your options with your subject teachers at the Year 9 Parents Evening
- 6) This booklet will also be used by your Tutor when discussing your option choices.



What to do when you have completed this book!

Your booklet must be completed by: **Thursday 6th February.**

Please get the booklet signed by each person below to confirm that your booklet is completed and ready to be handed to your Tutor.

Signed Student: _____

Date: _____

Signed Parent: _____

Date: _____

Signed Tutor: _____

Date: _____

Self Review

Subject	Things I like about this subject and the lessons are:	This subject or the lessons would be even better if:
Art		
Business Studies		
Creative I Media		
Drama		
French / German		
Food		
Geography		
History		
Health and Social		
Music		
PE		
Triple Science		

Skills Review: Art

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
I am organised and work independently and quietly.			
I listen carefully to instructions.			
I am able to concentrate for long periods of time.			
I look closely and draw accurately.			
I can mix colours and apply colours creatively.			
I can research independently.			
I am able to develop my own ideas.			
I complete homework as required.			
I enjoy exploring new materials.			
I can analyse and evaluate my own work and the work of others			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
I allow myself to make mistakes. I am not a perfectionist.			
I am tenacious – I don't give up. I keep trying.			
I enjoy playing with ideas and materials.			
I have a go at everything asked of me and give it my best			
I enjoy exploring my creativity and find it fulfilling.			
I ask for help if I am confused.			
I am prepared to put extra effort and time into my work to ensure it is the best I can do and is finished.			
I take a pride in my work.			
I thrive on new challenges.			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
I enjoy using my camera phone to take photographs.			
I enjoy using photo editing tools such as Instagram, Pixlr and Prisma.			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Skills Review: Business Studies

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Problem-solving skills			
An ability to apply mathematical formulae in real world situations			
Extended writing to justify and support your viewpoint			
Be able to actively participate in debate around current issues			
Applying knowledge of in class content to real life scenarios			
Be able to use complex Business Studies terms and vocabulary			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
A genuine interest in the world of business			
Innovative			
Ability to work independently			
Ability to work in a group			
An understanding of how current affairs, such as political changes, have an impact on Business in the UK			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Keeping up to date with current affairs in politics and business			
Watching TV shows such as Dragons Den and The Apprentice			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0
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Skills Review: OCR National Creative I Media

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Take responsibility for your own learning			
Team worker			
Working from a prescribed brief			
Working to deadlines			
Presenting information effectively			
Accurately completing administrative tasks and processes.			
Problem-solving,			
Independent study,			
Personal learning and thinking skills			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
Must be prepared for and motivated to work consistently and independently to achieve the requirements of the qualification			
You need to understand how your work will be assessed and the importance of timescales and deadlines			
Need to appreciate fully that all the work submitted for assessment must be your own.			
Creative			
Problem solver			
Thinking about how people might interpret your work and is it fit for purpose.			
Must be prepared for and motivated to work consistently and independently to achieve the requirements of the qualification			
The ability to use different pieces of software without extensive training time			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Researching new technologies and how they can be used in day to day scenarios			
An interest in film/tv/theatre production			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this colum	1 points for every one tick in this column	0

Skills Review: Drama

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Can create and develop ideas to communicate meaning for a theatrical performance.			
Demonstrates knowledge and understanding of how drama and theatre is developed and performed.			
Analyse and evaluate your own work and the work of others.			
Can create performances for different audiences and purposes using various techniques, genres and styles.			
Give and accept suggestions to/from peers and teachers			
To create characters that are clearly different from yourself.			
To contribute creatively to the devising of drama and recognise that collaborative involvement is necessary.			
To be able to learn lines from a scripted play.			
To work confidently with a wide range of students- not just friends.			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
To show high levels of commitment in class and after school rehearsals/exams.			
To have a positive 'I can' attitude.			
Courage and determination to try new things and step out of your comfort zone.			
To be accepting and supporting of everyone in the class.			
To be able to lead/follow in a group effectively.			
Knowing that teamwork is about sharing responsibilities and roles within a group.			
To be able to stay on task for extended periods of time.			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Trips to the theatre to watch a variety of performance types.			
Attending a Performing Arts group outside of school.			
Being involved in school concerts and productions			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Skills Review: French or German (MFL)

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
An ability to communicate confidently and coherently in speech and writing, conveying what you want to say with increasing accuracy.			
To express and develop thoughts and ideas spontaneously and with increasing fluency			
A desire and enthusiasm to enrich your vocabulary in order to enable deeper learning			
To apply varied language in a wide range of real life contexts			
To work in a team, supporting and coaching peers			
To debate issues, articulating positive and negative opinions with justification			
An independent learner who routinely learns language outside of the classroom			
An ability to embrace difference and diversity coupled with an enthusiasm for developing your knowledge of the cultures of the countries and communities where Spanish is spoken			
To interpret & respond to a range of language materials like literary texts			
To compare & contrast key themes i.e. different types of holidays			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
Accepting difference			
Communicate clearly			
An ability to solve problems			
Speaking with increasing confidence in class			
A willingness and interest in challenging yourself			
A good memory			
A self-starter with lots of initiative			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
An interest in or experience of travelling to foreign countries			
Use of different language apps & online language games			
International social networking			
An interest in current affairs – national and international			
Reading across a range of different materials			
Gaming with teenagers from French / German-speaking countries			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Skills Review: Food (GCSE)

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Develop a broad knowledge with regard to food science, Nutrition, cooking methods, diet and health			
Develop a wide range of practical skills to produce high-quality food products that are well presented and professional			
Develop decision making skills through both independent and working with others			
Communicate your research and findings in a clear and concise format			
Be able to read, interpret and work from recipes and plans			
Be able to investigate suitable recipes, plans for making and investigate some food science tasks methodically and clearly.			
Develop an understanding of modern food issues such as Genetically modified foods, fair trade, food sources and other environmental factors that affect food choices and food production			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
Be organised at all times			
Be prepared to try new skills			
Willing to challenge your practical abilities			
Be creative and innovative in solving problems			
Be able to work independently			
Demonstrate excellent time keeping			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Interested in Higher/Further education with a Food background			
Enjoy the challenge of a practical subject.			
Enjoy cooking!			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Skills Review: Geography

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Develop a knowledge of the world we live in			
Be able to synthesise lots of different information			
Make links between physical processes, people and places			
See links and connections between different types of data			
Be able to use real world examples to support judgments			
Be able to use complex geographical terms.			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
Have a keen curiosity about the world around you and why things happen			
Be able to contribute to discussion			
Have an interest in local, national and global issues			
Enjoy data handling (including maps)			
Be prepared to use ICT effectively to facilitate your learning			
Be able to organise yourself and your work			
Be able to retain lots of information			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Interest in current affairs – what's happening in the news?			
Outdoors			
Travel			
Duke of Edinburgh			
Scouts / Cadets			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Skills Review: History

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Demonstrate knowledge and understanding of historical topics and themes			
Explain and analyse historical events and periods including why things happen and the consequences of events; which events are most significant and why; what has changed and what has stayed the same etc.			
Analyse and evaluate sources to find information and make judgments			
Consider interpretations (views) of the past, why and how they differ and how accurate a view they give			
Be able to organise and write extended answers to questions			
Demonstrate knowledge and understanding of historical topics and themes			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
Interested in what happened in the past and why			
Thinks about issues and makes judgments backed up by evidence			
Challenges sources rather than just taking them at face value			
Is able to work independently and in an organised way			
Has an enquiring mind – asks questions			
Is able to retain lots of information			
Makes links between history and other interests eg. Art, Literature, Science etc.			
Is able to write at length about a topic as well as being able to communicate ideas in other ways			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Enjoys historical settings e.g. period dramas or documentaries on TV, computer games with a historical theme, watching historical films, reading historical novels or Horrible Histories etc.			
Has an interest in current affairs e.g. watching the news			
Visits sites of historic interest e.g. castles, museums, battle sites			
Has conversations with people about what they remember about the past			
Enjoys collecting / handling objects from the past (e.g. a WWI helmet)			
Interested in people, governments or economies and the difference events in the past have made to life now			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Skills Review: OCR Health and Social Care

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Listen carefully to instructions.			
Work independently and quietly.			
Contribute to discussion.			
Work within a group.			
Gain information from local services eg chemist/doctors/care homes etc to enhance knowledge.			
Develop knowledge of support available, within their town and country.			
Develop knowledge of careers available, within their town and country.			
Transfer practical knowledge to assignments.			
Acknowledge, research and present work within a poster/booklet/powerpoint form.			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
Confidence in contributing to discussion.			
Respect peers points of view.			
Supportive to peers.			
Understanding of barriers to Health & Social Care.			
Acknowledge (E&D) everybody should have access to support.			
Comfortable in asking for help if you are confused.			
Independently research and present work.			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Caring and compassionate – supporting others.			
Involved in activities and sports.			
Interested in what is happening in the news – NHS services/grants/resources/wellbeing/immunisations etc			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Skills Review: BTEC Music

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Play an instrument and/or sing and prepared to practice independently			
Perform and rehearse as part of an Ensemble and as a solo performer			
Read music notation or tab and prepared to learn to do this more fluently			
Understand Music Theory including simple and compound time signatures and key signatures to four sharps and flats.			
Show in depth knowledge of set pieces of music and identify which genre and period they come from			
Use complex music vocabulary accurately within written work including Italian terms for expressive features			
Write your own music composition combining chords and melody and experiment with structures			
Analyse music to identify key features of the piece			
Experiment with DAW			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
Resilient and able to make mistakes in front of others			
Comfortable in performing in front of others and receiving feedback on performances			
Have interests in listening to and learning about a broad range of music including Classical, Jazz, World, Musicals and Popular styles			
Comfortable in writing your own music and experimenting with musical ideas			
Have an interest in music technology and be aware of recording techniques			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Must be attending instrumental/singing lessons			
Attend Orchestras/Bands/Choirs in and/or out of school			
Music Theory sessions/lessons			
Interest in attending performances and/or productions			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Skills Review: PE (GCSE)

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Work Independently on a task, including researching new topics.			
Complete homework on time to a high standard.			
Transfer practical knowledge to written work			
Understand rules for refereeing and umpiring in different sports			
Complete practical fitness activities & tests effectively with good effort.			
Take responsibility in PE lessons by leading warm ups and skills practices.			
Perform in 1 or 2 team sports and 1 or 2 individual sports to a good standard.			
Remember coaching points and skill names for sports such as football, netball, athletics etc.			
Evaluate my own performance in a sport selecting key strengths and weaknesses.			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
Work independently on a tasks			
Organised, to work towards deadline			
Interested in sports, health, fitness and training			
Can reflect on their performance levels & plan for improvement			
Determined to improve both written and practical work.			
Confidence in performing alongside & in front of others.			
Can work effectively individually and in a team.			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Take part in sports outside of the curriculum (eg Football/Netball lunch club or playing outside of school)			
Take an interest in health, wellbeing and improving fitness. Attending the gym or completing training.			
Sports leadership experience for example running activities for junior school students.			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Skills Review: Triple Science

Students are required to use these skills	I can do this sometimes	I could develop this skill	Something I find challenging
Demonstrate knowledge and understanding of a range of scientific topics, some of which are demanding.			
Use mathematical skills appropriately and confidently to calculate a variety of different scientific formulas.			
Analyse and evaluate results tables and graphs to find information and make judgments			
Be able to organise and write extended answers to questions.			
Use tier 3 scientific key vocabulary in your answers to back up your ideas.			
Revise scientific concepts learnt after lessons to ensure you transfer this into your long-term memory.			
Personal qualities which help students in this subject:	Yes that's me	I'm sometimes like that	Not me at all
Curious about the wider world around you.			
Asks 'why' and doesn't just accept an answer.			
Confident carrying out a variety of practicals to a high degree of accuracy.			
Can read a practical method carefully and takes time in ensuring their practical result is the best it can be.			
Ability to analyse data from results tables and graphs carefully to back up your conclusions.			
Is able to retain lots of information.			
Makes links between Science and other interests eg. Maths, Food, Geography, PE etc.			
Extra-Curricular Interests which would help in this subject	I do this already in my spare time	Something I would like to do more of	This does not interest me at all
Listening to Science podcasts/reading scientific articles in the news			
Enjoys learning about scientists and new ideas e.g. documentaries on TV, computer games with a scientific theme, watching films with a scientific theme.			
Interested in a variety of scientists and the difference scientific events in the past have made to life now			
Enjoys visiting Science museums/sites and is keen to take part in further Science competitions and events to represent the school.			
NOW TOTAL UP YOUR SCORES AND ADD THEM TO THE SUMMARY SHEET ON THE LAST PAGE	2 points for every one tick in this column	1 points for every one tick in this column	0

Final Review

Subject	I would consider this as one of my options because...	Things I need to find out more about...	Total Score
Art			
Business Studies			
Creative I Media			
Drama			
French / German			
Food			
Geography			
History			
Health and Social			
Music			
PE			
Triple Science			
Student Comments			
Parent Comments			